

Sunday, November 29, 2009 – First Sunday of Advent

This Week's Gospel - Luke 21:25-28, 34-36



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***“And then they will see the Son of Man  
Coming in a cloud with power and great glory.”***

## CatholicMom.com Gospel Activity – Celebrating Our Catholic Faith



In this Sunday's message from the Gospel of Luke, Jesus tells his disciples that there will be signs when it is time for Him to return in glory. Many people might be afraid when they see these signs, but Jesus wants us to be ready for that time. We should pray for strength and live according to God's commandments, so that we will be ready to joyfully welcome Jesus when he returns in glory!

### For More Fun:

- This week, we celebrate the First Sunday of Advent as we joyously wait for Jesus' coming at Christmas. There are so many wonderful Advent traditions you can share with your family! One of these is the Advent Wreath, which began as a custom in the country of Germany. The green wreath is a never-ending circle – just like God's love for you and me! The four candles (three violet and one pink) represent Jesus' light in the world. This week, we light the first violet candle and begin to count the days until the birth of Baby Jesus on our **Advent Calendar**. During this season of Advent, Let's shine our light for all to see as we grow in love for Jesus and one another!
- This week, we celebrate the feast day of St. Andrew (11/28) and St. Francis Xavier (12/3). Learn more about all of this week's saints at <http://saints.sqpn.com>.
- This year, Pope Benedict XVI has invited us to celebrate at **Year for Priests**. Every week, we will be coming up with special ways to thank our wonderful priests. This week, when you light the first candle on your Advent wreath, include a special prayer for the retired priests in your diocese. Make a card or write a letter to one elderly priest this week, thanking him for giving his life in service to God and our Church.
- We have a special Advent wreath coloring page and many other great Advent activities for children. Come visit us at CatholicMom.com this week!
- I love to hear from you! Drop me an email at [lisa@catholicmom.com](mailto:lisa@catholicmom.com) and tell me about your family, your class, or your church! **Lisa**