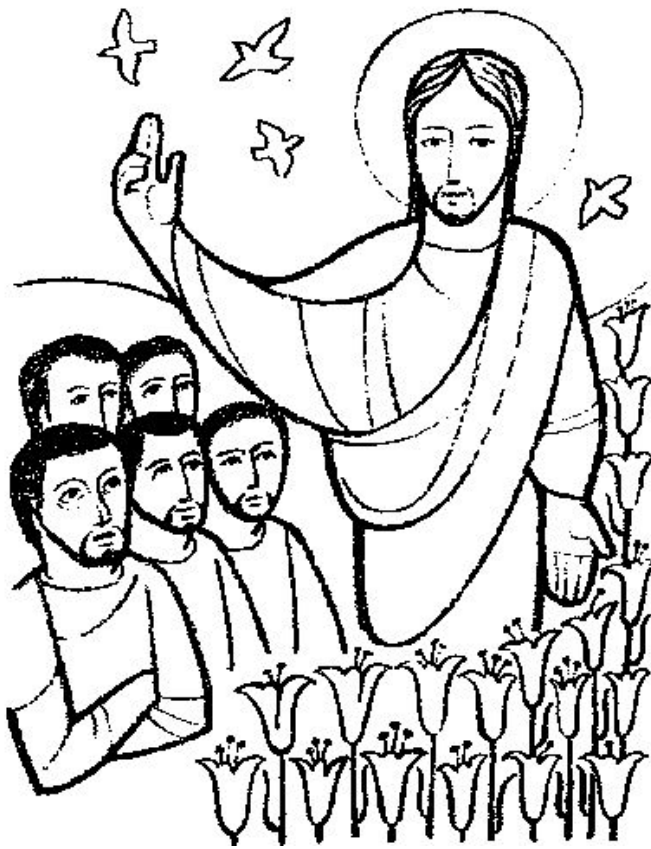


Create a "garden" of flowers by coloring with friends or family members.

Learn from the way the wild flowers grow...



In this Sunday's Gospel reading from Matthew, Chapter 6, Jesus reminds us to turn to God when we are worried, upset or afraid. Just as God loves and cares for the birds in the sky and the flowers of the field, He always knows just what we need in this life! It's so very amazing that God, who created us and knows each part of us, will always see that we are cared for in this life.

Next time you are worried or feel upset about a problem, remember to stop, to say a prayer, and also to thank God for his unending love for us!

For More Fun:

- ✓ This week, we continue with the season of Ordinary Time. As we near the season of Spring, plant a seed this week and begin to watch it grow.
- ✓ Have you every fed the birds? Ask mom or dad this week to help you find birdseed or some simple breadcrumbs and feed our feathered friends. Learn more about the life of St. Katharine Drexel, an American saint (3/3). Learn more about her life at www.Saints.SQPN.com
- ✓ We love to hear from you! Last week, I learned about friends in the states of Illinois and Texas who are coloring with us every Sunday. Email me at lisa@catholicmom.com to let me know where you live and where you go to Church!

**Do not worry
about
Tomorrow!**

