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**“And he was transfigured before them,
and his clothes became dazzling white”**



Today we celebrate the Second Sunday of Lent. In our Gospel reading from **Mark 9:2-10**, Jesus took his disciples Peter, James and John up a high mountain. As they watched, Jesus was “transfigured” (changed) before them and his clothing became a very bright white. With him, the disciples saw Elijah and Moses. God's voice came from heaven saying, “This is my beloved Son. Listen to him.”

The season of Lent is the perfect time for us to practice listening to God's son Jesus. When we speak to him in prayer and listen for his response in our hearts, when we read his words in the Gospels, or when we study our bibles to better know his teachings, we follow God's voice saying to us, **“Listen to him.”**

For More Fun:

- ✓ This week, practice your listening skills. Play the “telephone” game at home or make a special point of having a conversation with someone you don't typically spend time with.
- ✓ This week, we celebrate the life of Saints Perpetua & Felicity (3/7). Learn more about the lives of the saints at www.Saints.SQPN.com.
- ✓ Support our ministry this week by purchasing Lisa Hendey's new book: **A Book of Saints for Catholic Moms** at Amazon, Barnes & Noble or your local Catholic bookstore. Thank you for your support!
- ✓ We love to hear from you! Email me at lisa@catholicmom.com to let me know where you live and where you go to Church!

“I will walk before the Lord,
in the land of the living.”