

CatholicMom.com Mass Worksheet

Celebrating Our Catholic Faith

Name: _____

Sunday, October 22nd, 2017
Worksheet for ages 11 to 15 years old

1. What day is it, today, in the Church's calendar?
2. At the start of Mass, the priest begins with the Sign of the Cross. This is a very special prayer which we often take for granted because we say it so often. Have you ever really thought about what you are saying as you bless yourself with the Sign of the Cross? Our Blessed Mother, when she appeared to Bernadette in Lourdes, taught Bernadette to make the Sign of the Cross very slowly and reverently. Write down the words to this short prayer, below. And the next time you bless yourself, remember to slow down and think about the meaning of this prayer.

3. From which book of the Bible is today's first reading?

Is this book found in the Old or the New Testament?

4. From which book of the Bible is today's second reading?

Who is this letter from?

And who is this letter addressed to?

The people who received this letter had not been Christians for very long. They needed guidance and answers to questions, which is why this letter was written. Who do we, the Catholic faithful, turn to when we have questions?

5. From which book of the Bible is today's Gospel reading?

We listen to three readings every Sunday; an Old Testament reading, a New Testament letter, and a Gospel reading. How is our posture different when we listen to the Gospel as opposed to when we listen to the first two readings?

Why is it different for the Gospel reading?