










2018 LENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This symbol,  , means we should not eat meat on that day. The Sorrowful Mysteries of the Rosary: 1: Jesus' Agony in the Garden, 2: Jesus is Scourged, 3: The Crowning of Thorns, 4: Jesus Carries His Cross, 5: Jesus is Crucified and Dies			February 14 th Ash Wednesday 	February 15 th Say the Divine Mercy Chaplet	February 16 th 	February 17 th Give up sweets and dessert today
February 18 th Pay very close attention during Mass	February 19 th Read/look at pictures of the 14 Stations of the Cross	February 20 th Secretly do an extra chore at home	February 21 st Pray the Our Father on your knees today	February 22 nd Write in a journal about or draw a picture of Jesus	February 23 rd 	February 24 th Listen to Christian music today
February 25 th Look closely at the Crucifix in your church	February 26 th Don't complain all day!	February 27 th Pray the 1 st Sorrowful Mystery of the Rosary	February 28 th Smile and say 'hi' to someone you don't usually talk to	March 1 st Kneel in front of a Crucifix today	March 2 nd 	March 3 rd Pray for missions and the poor
March 4 th At Mass, listen closely to the three readings	March 5 th Pray the 2 nd Sorrowful Mystery of the Rosary	March 6 th Say only kind things about people all day	March 7 th Give away a toy or piece of clothing you don't need	March 8 th Give up TV, the internet, or your smart phone	March 9 th 	March 10 th Do a secret good deed
March 11 th Pray silently during and after Communion	March 12 th Read in the Bible about Jesus' Crucifixion	March 13 th Who was Veronica? (In the Stations of the Cross)	March 14 th Pray the 3 rd Sorrowful Mystery of the Rosary	March 15 th Read a Catholic book or website	March 16 th 	March 17 th Thank someone today
March 18 th Say 'hello' to your priest today	March 19 th Wake up 5 minutes early and pray	March 20 th Pray the 4 th Sorrowful Mystery of the Rosary	March 21 st Read Isaiah 7:14 in the Bible	March 22 nd Give up a bad habit for the day!	March 23 rd 	March 24 th Go to Confession, or quietly tell Jesus your sins
March 25 th Find the Stations of the Cross in your church	March 26 th Thank Jesus today, all day!	March 27 th Pray before every meal	March 28 th Pray the 5 th Sorrowful Mystery of the Rosary	March 29th Holy Thursday	March 30th Good Friday 	March 31st Holy Saturday
April 1st Easter Sunday!	<p><u>The Divine Mercy Chaplet:</u> On a Rosary, say this prayer on each "Our Father bead": <i>Eternal Father, I offer you the Body and Blood, Soul and Divinity, of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.</i></p> <p>On each "Hail Mary bead" say: <i>For the sake of His sorrowful Passion, have mercy on us and on the whole world.</i></p>					

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"THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER"