

SUNDAY GOSPEL ACTIVITIES

FOURTH WEEK OF ORDINARY TIME
MARK 1:20-28

NAME: _____



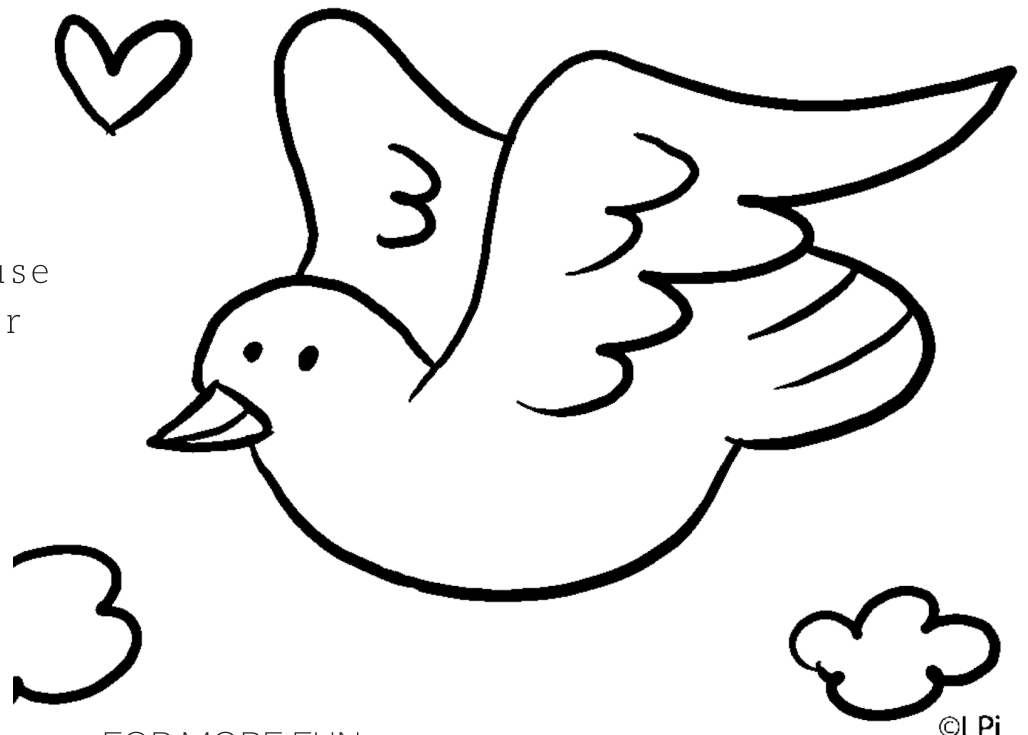
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Today, we celebrate the Fourth Sunday in Ordinary Time. The Gospel reading tells us the story of Jesus entering a synagogue in Capernaum. The people followed Jesus, listening to his teachings and are astounded by his knowledge of the Old Testament and our Heavenly Father! When a man troubled by an unclean spirit speaks against Jesus, Jesus commands the spirit to leave the man! *This gives the man peace and healing.* After seeing this, the crowds in the synagogue are even more amazed by Jesus, and word about him spreads throughout the area.

Just as the people of Jesus' time found strength in the teachings he gave them, we can be reassured each week by the truth of the Gospel message we hear every Sunday in Mass! Jesus speaks to us through the Gospels. *We can find comfort and healing in Jesus by praying, seeking the sacrament of Reconciliation, and receiving the Eucharist!*

When Jesus was preaching, people did not yet fully realize he was the Son of God. His teachings and actions were unique because he forgave sins, and gave people hope that God always loves them! The Sacrament of Reconciliation is important for us because it helps us to start over and begin anew when our words or actions separate us from God. Make a plan to go to Reconciliation to experience God's love and healing!



FOR MORE FUN

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In the Catholic faith we often use a picture of a dove to represent the Holy Spirit! Put this picture someplace you will see it to remind you of the Holy Spirit, and ask for the Holy Spirit to direct your path!