

SUNDAY GOSPEL ACTIVITIES

THE SECOND SUNDAY OF ADVENT

NAME: _____

LUKE 3:1-6



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This week we celebrate the Second Sunday of Advent! In today's Gospel we learn about John the Baptist. John is the son of Zechariah (remember him?) and was sent by God to prepare his people for the coming of the Lord! John's message is to repent and seek forgiveness for sins so hearts and souls are pure and ready to receive the Word made flesh - Jesus!

Advent is a time to prepare our hearts and homes for the joy of Christmas Day! We anticipate God's fulfilled promise in the birth of the Messiah! Are you getting ready to receive Jesus?

FOR MORE FUN

- ★ Take John The Baptist's message to heart: seek forgiveness by receiving the sacrament of Reconciliation! Sins are the things that separate us from God. No one is perfect but God wants to help us discover true joy in His love! Pray to the Holy Spirit for guidance.

- ★ Consider doing something different to prepare for Christmas in your family this week. Maybe visit someone who is lonely or volunteering at a place that helps people in need! These are the best presents you can give Jesus on Christmas morning!

- ★ Another way to prepare our hearts is to learn a new prayer. If you don't know the Joyful Mysteries of the Rosary, learn with us! On the next page you'll find the Second Joyful Mystery, read it out loud every night until you know it by heart! Announce the Mystery and pray one decade of the Rosary.

The Second Joyful Mystery, *The Visitation* Luke 1:35-49.

Here we remember Mary when she journeys to see her cousin Elizabeth who is also expecting a baby! Elizabeth, married to Zechariah (from today's Gospel), is carrying John the Baptist!

Mary's response, also known as the "Magnificat" to Elizabeth's greeting is, "My soul proclaims the greatness of the Lord, and my spirit exalts in

God my Savior!" Elizabeth shares in the joy knowing that Mary is carrying the Promised One.

We can join in this same joy by praying the Rosary and asking for Mary's protection and guidance in our lives!

- ★ Pray: After reading this reflection and thinking about the Second Joyful Mystery, pray one Our Father and Ten Hail Mary's.

If you need more guidance on how to pray the Rosary, visit FamilyRosary.org/how-to-pray-the-rosary

