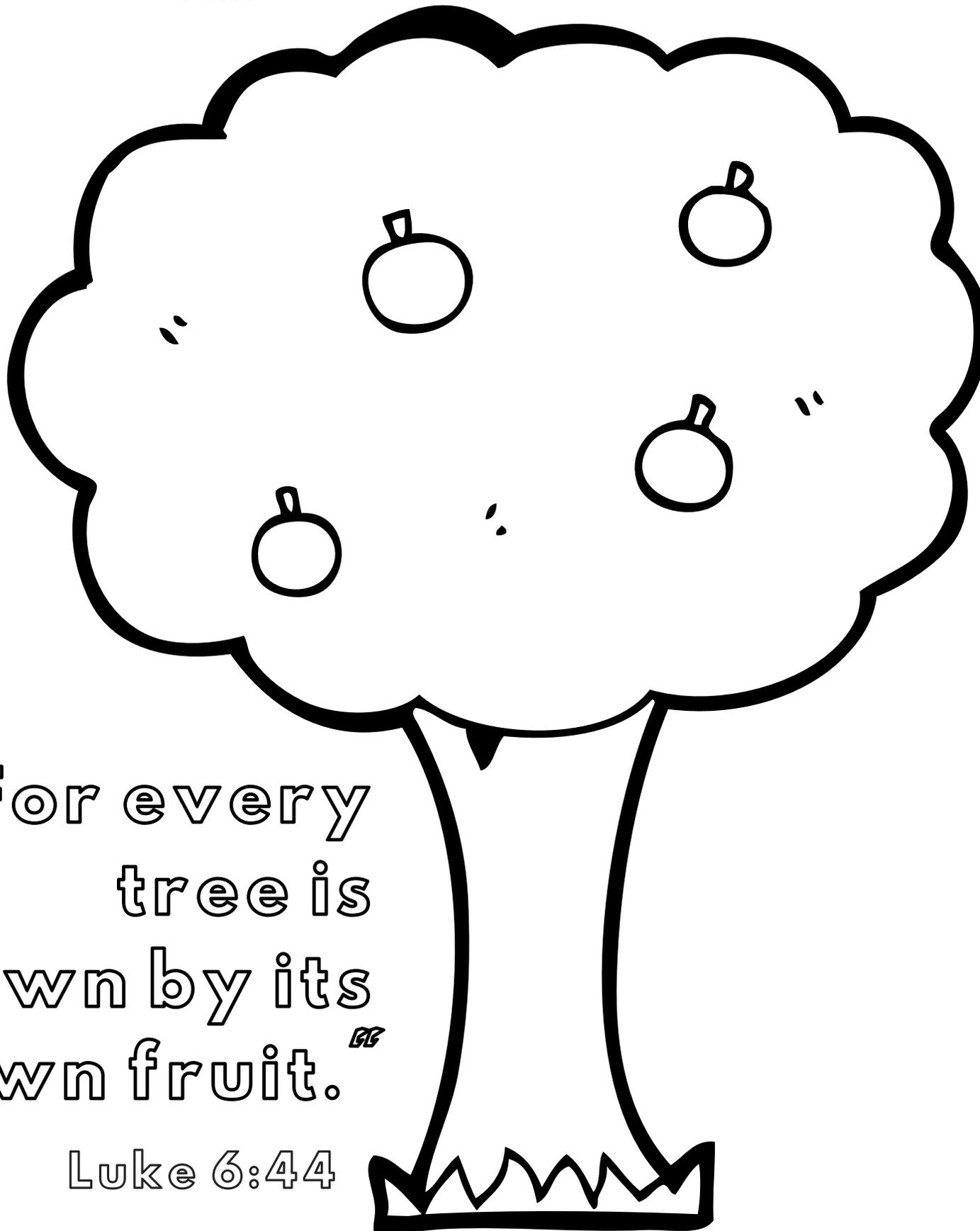


SUNDAY GOSPEL ACTIVITIES

Eighth Sunday in Ordinary Time | Luke 6:39-45

Name: _____



“For every
tree is
known by its
own fruit.”

Luke 6:44

This week Jesus continues to instruct his disciples and all those who have gathered to hear him preach in Luke's Gospel. Jesus warns us not to focus on the sins or shortcomings of others, but rather focus inward - how we conduct ourselves.

Jesus is very direct specifically in how we speak about others - do we focus on what they do wrong? Before we criticize anyone else, we are called to focus on our own faults. Jesus further explains that a good person will produce many good things! A good disciple will speak with love and understanding about others, and focus on making themselves a better person - not pointing out someone else's faults or sins.

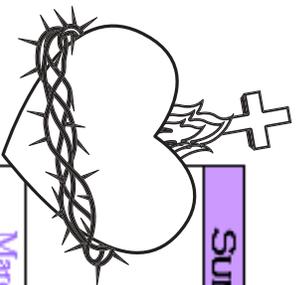
FAITH IN ACTION

- ★ A good test when we are about to say something about someone is a 3 part examination: *Is it true? Is it kind? Will something good come from this being said?*

If what you are about to speak does not ring good and true, simply stop yourself and pray to Jesus for guidance on how to handle this person or situation.

- ★ This week is Ash Wednesday - the beginning of the season of Lent in our Church. Take some time before Wednesday to sit in silence and ask the Lord what you should work on this Lent! Instead of "giving up" something, think maybe about "taking on" a new habit - like daily prayer. Visit FamilyRosary.org for resources for your family to make daily prayer a part of the fabric of your family life.
- ★ Print out our free Lenten calendar and put it someplace you will see everyday during Lent! Share it with your family and ask them to join you in doing these simple daily activities.

2019 LENT CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>March 10th</p> <p>Have a meal as a family and talk about your day.</p>	<p>March 11th</p> <p>Draw a picture of your favorite animal using only 2 colors.</p>	<p>March 12th</p> <p>Smile at someone as you walk by them today.</p>	<p>March 6th Ash Wednesday</p> <p>What you will be dedicating to God this season?</p>	<p>March 7th</p> <p>Make a list of all the things you are thankful for.</p>	<p>March 8th</p> <p>Check out places you could volunteer over the weekend.</p>	<p>March 9th</p> <p>Pray for someone who walks by you today.</p>
<p>March 17th</p> <p>What did you learn from today's mass readings?</p>	<p>March 18th</p> <p>Pick any item that has been on your long-term to do list. Do it.</p>	<p>March 19th</p> <p>Make treats for a neighbor or friend with a nice note.</p>	<p>March 13th</p> <p>Find a quiet spot and spend 5 minutes in prayer with God.</p>	<p>March 14th</p> <p>Donate items from your closet you no longer use.</p>	<p>March 15th</p> <p>In the car throughout the day, say a decade of the Rosary.</p>	<p>March 16th</p> <p>Write a letter to your Guardian angel.</p>
<p>March 24th</p> <p>What crafts and games can you make up with no technology?</p>	<p>March 25th</p> <p>Pray in the morning for your family.</p>	<p>March 26th</p> <p>Leave a note for each family member where they will find it.</p>	<p>March 20th</p> <p>Pray a Hail Mary. What is your favorite line? Why?</p>	<p>March 21st</p> <p>Call someone you haven't talked to in a while.</p>	<p>March 22nd</p> <p>Tell someone about your favorite time of the day.</p>	<p>March 23rd</p> <p>Invite a friend or neighbor over for dinner.</p>
<p>March 31st</p> <p>Pick a cause you feel passionate about. How can you help it?</p>	<p>April 1st</p> <p>Plan to do something fun with someone!</p>	<p>April 2nd</p> <p>What is your favorite prayer? Practice it in another language!</p>	<p>March 27th</p> <p>Who is your favorite saint? Why?</p>	<p>March 28th</p> <p>Close your eyes and randomly pick a bible reading to reflect on today.</p>	<p>March 29th</p> <p>Pick a family-friendly movie and spend the night in.</p>	<p>March 30th</p> <p>Pick out your favorite songs. Sing like no one is watching.</p>
<p>April 7th</p> <p>Pray for a special intention today.</p>	<p>April 8th</p> <p>Give thanks for even annoying things today.</p>	<p>April 9th</p> <p>Help someone in need today. No act is too small.</p>	<p>April 3rd</p> <p>Do something you'd usually do alone with friends.</p>	<p>April 4th</p> <p>Say a little prayer for someone new each hour, on the hour.</p>	<p>April 5th</p> <p>Meatless dinner night! Make dinner together.</p>	<p>April 6th</p> <p>Visit a local spot and bring a picnic if the weather is nice enough.</p>
<p>April 14th</p> <p>What would you say if you could talk to Jesus face-to-face?</p>	<p>April 15th</p> <p>Learn something new today. Share it with others.</p>	<p>April 16th</p> <p>What is your favorite time of day? Pray with a friend at that time.</p>	<p>April 10th</p> <p>Share how you practice patience on social media!</p>	<p>April 11th</p> <p>What does love look like to you? Illustrate it!</p>	<p>April 12th</p> <p>Go around you family and share role models.</p>	<p>April 13th</p> <p>Spend some time alone with someone special to you.</p>
<p>April 21st Easter Sunday!</p> <p>Celebrate at mass!</p>			<p>April 17th</p> <p>Take notice of the places you go by every day.</p>	<p>April 18th Holy Thursday</p> <p>Have each family member make a dish for dinner.</p>	<p>April 19th Good Friday</p> <p>Go through the Stations of the Cross today.</p>	<p>April 20th Holy Saturday</p> <p>Take some time to reflect on this season.</p>