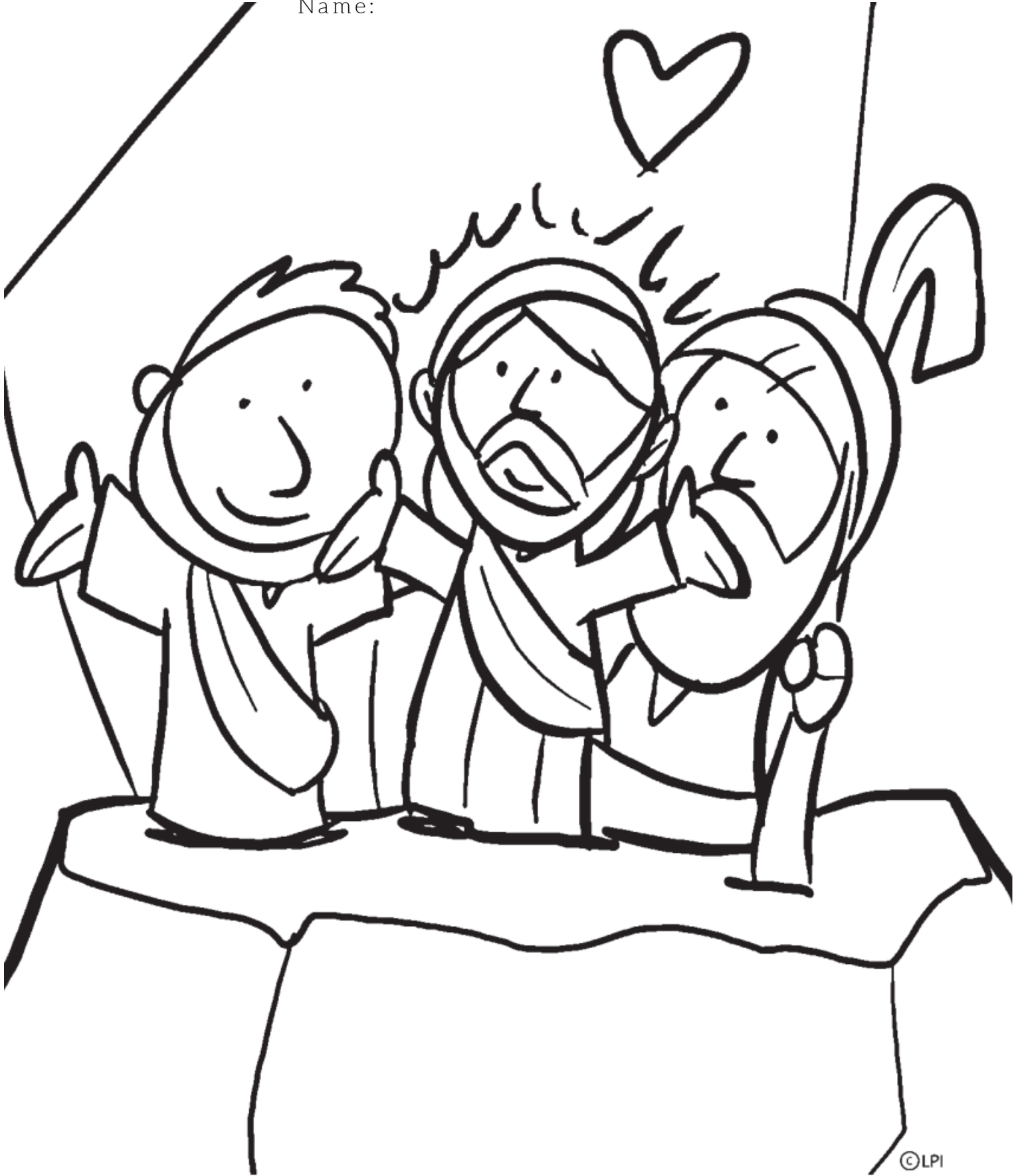


# SUNDAY GOSPEL ACTIVITIES

Second Sunday of Lent | Luke 9:28B-36

Name: \_\_\_\_\_



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The Gospel of Luke this week is the story of the Transfiguration of Jesus. Many times in the Gospels we hear of Jesus looking for space to pray to his Heavenly Father by retreating to the mountains, or going out in a boat to escape the crowds and find some solitude.

On this day his disciples follow him up a mountain and fall asleep. When they awake they see Jesus in his glory - clothed in a dazzling light and accompanied by two others. They are astonished when they realize that the two men with Jesus are prophets from the Old Testament - Moses and Elijah!

The two prophets disappear and the disciples hear a voice telling them "*This is my chosen Son, Listen to Him!*" Surely any doubts they may have had are now gone and they know for certain that Jesus is the promised one, our Lord and Savior!

## FAITH IN ACTION

- ★ Read this Gospel with your family. Picture yourself as one of the disciples witnessing this awesome event. How do you think they felt? What would you say to Jesus if he appeared before you in dazzling white?
- ★ We can learn so much from imitating Jesus! You might think that's impossible, but it's not! Lent is all about prayer. As Jesus always made time and space to sit quietly with God, so are we called to do! Make a point this week to set aside ten minutes a day to sit without distraction and pray. If you don't know where to start, simply recite the Our Father and close your eyes and speak about what is on your heart!
- ★ Today many people celebrate St. Patrick's day especially in the United States and Ireland! St. Patrick used the Shamrock to show people a visual image of the Holy Trinity Each leaf represents the Father, the Son and the Holy Spirit. Visit [www.Catholic.org](http://www.Catholic.org) to learn more about St. Patrick!

## St. Patrick's Prayer

"As I arise today,  
may the strength of God pilot me,  
the power of God uphold me,  
the wisdom of God guide me.

May the eye of God look before me,  
the ear of God hear me,  
the word of God speak for me.  
May the hand of God protect me,  
the way of God lie before me,  
the shield of God defend me,  
the host of God save me.  
May Christ shield me today.

Christ with me, Christ before me, Christ behind me.  
Christ in me, Christ beneath me, Christ above me.  
Christ on my right, Christ on my left.  
Christ when I lie down, Christ when I sit, Christ when I stand.

Christ in the heart of everyone who thinks of me,  
Christ in the mouth of everyone who speaks of me.  
Christ in every eye that sees me,  
Christ in every ear that hears me.  
Amen."

